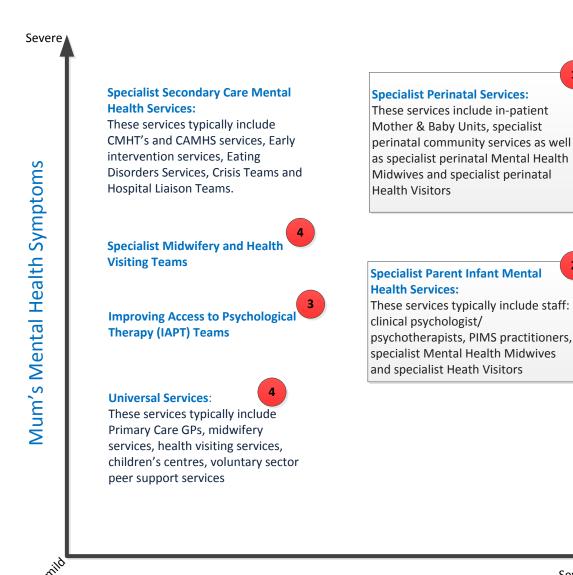
Diagram Showing the different Mental Health Services and Specialist Parent-Infant, Perinatal Mental Health Services by reference to the Mum's Mental Health Symptoms and their impact upon the Parent-Infant Relationship





Document Overview & Scope:

The 2018 Perinatal Mental Health Care Pathway Full Implementation Guidance notes that a range of partners are involved in the delivery of care during the perinatal period (p14). The document also requires Providers to define and manage their interactions and relationships with those partners. This document details how the specialist community PNMH service within Cheshire and Merseyside works with other Mental Health and Universal services, and how service delivery will be managed when more than 1 agency is involved in the delivery of care thereby meeting the requirements set within the 2018 Perinatal Mental Health Care Pathway.

Supporting Documents:

- Cheshire & Merseyside Specialist Perinatal Mental Health community Service Overview
- Building Attachment and Bonds Specialist Parent Infant Mental Health Service Eligibility Criteria and Care Pathway
- 3 IAPT Manual
- 4 Perinatal Mental Health Commissioning Responsibilites
- Perinatal Mental Health National Care Pathway Full Implementation Guidance

Issues affecting the parent-infant relationship

Diagram Showing the different Specialist Mental Health, Parent-Infant and Perinatal Services, and the Relationship, **Collaborative working between Services**







Severe

Specialist Secondary Care Mental Health Services: (MH) -**Population Need 3-4%**

Support children, adults/parents in need of Secondary Care Mental Health Support. Support is not offered for the Parent-Infant relationship, but these services work alongside/ collaboratively with the Specialist Perinatal and Parent-Infant Mental Health Services when supporting parents. Advice, training & consultation will be offered to staff via the Specialist Perinatal and Parent Infant Mental Health Services.

IAPT Services: (IAPT) - Population Need **During the PN Period 12-17%**

Support Children, adults/ parents in need of Primary Care Mental Health Support/Therapy. IAPT does not offer support for the Parent-Infant relationship, but services are being transformed to be parent-infant/child, perinatal focused & friendly (e.g. reducing wait times for pregnant parents). Collaborative working, advice, training & consultation will be offered to IAPT staff via Perinatal & Parent Infant Mental Health Services.

Universal Services: Population Need 100%

Support families in need of universal, low level, statutory support in the perinatal period. Universal staff act as 'gatekeepers' & first point of call/access' for families & work collaboratively alongside specialist services. Advice, training & consultation will be offered to universal staff via the Specialist Perinatal and Parent Infant Mental Health Services.

Specialist Perinatal Mental Health Services: (PMHS)

- Population Need During the PN Period 3-5% The service offers assessment and interventions to mothers with:

- •New presentations of severe and/or complex mental health difficulties during the perinatal period
- •Those with pre-existing severe and/or complex mental illness
- •Those who may be high risk of a significant relapse in their mental health during this period.

Women with severe and/or complex mental health difficulties, who are planning a pregnancy can also access preconception counselling from the service. The service works collaboratively with the other services supporting parents and infants & offers specialist perinatal advice, consultation & training to build greater perinatal capacity in the workforce.

These are separate services; one does not replace the need for the other

Specialist Parent Infant Mental Health Services: (PIMS) -**Population Need During the PN Period 20%**

Support parents, carers & infants to build a good, secure bond & attachment when the relationship is at risk/in need of therapeutic support. PIMHS works on the parent-infant relationship in the context of parents' mental health and other difficulties. Many parents in need of PIMHS support can have other difficulties (safeguarding issues, drugs/alcohol issues, domestic violence, social problems which impact on the parent-infant relationship). Specialist PIMHS works collaboratively with the other services supporting parents & infants & offers specialist Parent-Infant Mental Health consultation & training to build greater capacity in the workforce

Document Overview & Scope:

The 2018 Perinatal Mental Health Care Pathway Full Implementation Guidance notes that specialist perinatal mental health services should document how their relationships with other mental health care providers are managed. This diagram helps achieve that by showing how care will be managed where the service user is open or is known to more than one service.

Supporting Documents:

- National Service Specification for Perinatal Mental Health Services
- Perinatal Mental Health Service Eligibility Criteria
- **IAPT Manual**
- Perinatal Mental Health Commissioning Responsibilites
- Building Attachment and Bonds Specialist Parent Infant Mental Health Service Eligibility Criteria and Care Pathway

Severe

Issues affecting the parent-infant relationship

Information on the above Specialist Services & 'Population Need Data' has derived from: NHSE Strategic Clinical Network Group 'Adult & Specialist Service Subgroup, NHSE Public Health Profile Data, Maternity Hospitals Booking Data, Data on Insecure Attachment – See Supporting Document 6 for Reference