

# Parenting Support Service



#### **Referral Criteria**

#### Service

Parenting Support Service aims to promote secure bonding and attachment, baby brain development, positive interactions to promote the optimal social emotional and mental wellbeing of infants and children through the provision of early, preventive and targeted evidence based interventions to families.

### Who can be referred?

- Infants and children who reside in the Belfast Health & Social Care Trust.
- 2. Any child **under** the age of 4 years.
- 3. Children who present with a social emotional and/or behavioural difficulties in conjunction with professional and/or parental concern.
- 4. Children who have already received level 1 or level 2 interventions by the family health visitor or member of the health visiting service and are deemed to require additional level 2 or above specialist support. Level 1 and or level 2 interventions completed must be detailed within the referral form.

#### Referrals will not be accepted for children who are;

- 1. Children who have not completed level 1 or level 2 work with the family Health Visitor or member of the health visiting team.
- 2. Children who are attending specialist clinics i.e. ASD and receiving active interventions by that service.
- 3. Children currently receiving interventions from CASS.
- 4. Children currently attending CAMHS and receiving active interventions.
- 5. Families receiving active interventions from community groups e.g. family support Hubs, SureStarts, however these children will be placed on a deferred list until this work is completed and reviewed.

#### **Referral Process**

Referrals to be made from any Belfast Trust Health Visitor, member of the Perinatal Mental Health Team or Social Complexity Midwifery Service.

Referrals must be completed on Parenting Support Service referral form and emailed to the dedicated email address PSSreferrals-SM@belfasttrust.hscni.net

Parenting Support Specialist Team will acknowledge the referral upon receipt.

Referrals will be triaged weekly by the PSS team. Once triaged the referrer will be advised of the outcome; accepted, deferred or rejected with a rationale for the decision.



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### **Referral Pathway**

HEALTH VISITOR TO CONTACT PSS FOR
CONSULTATION TO DISCUSS CONCERNS AND/OR
RECEIVE GUIDANCE AND SUPPORT VIA TELEPHONE
OR EMAIL

02895042600

