

ABC PiP is based in SEHSCT Building, 8 Moss Road, Ballygowan, BT23 6JE

The team was established through a Strategic Partnership between South Eastern Health and Social Care Trust and Barnardo's NI. The team is cross sector and consists of staff from both organisations working collaboratively to deliver services to children and families.

The ABC PiP team includes:

Janine Dougan - Service Co-ordinator (SEHSCT)

Roberta Marshall - Children's Services Manager (Barnardo's)

Bridget Tiernan – Clinical Lead

Bronagh McCabe – Specialist Infant Mental Health Keyworker

Lauren Gray - Infant Mental Health Keyworker

Gail Thomas - Infant Mental Health Keyworker

Amanda Geddis - Infant Mental Health Keyworker (Practice Development)

ABC PiP accept referrals throughout the SEHSCT area

To refer please telephone 02895988065 or email ABCPIP@setrust.hscni.net

We currently offer:

Parent Infant Psychotherapy
Relationship focused support with key workers
Mellow Babies/Bumps
Brazelton neonatal assessment
VIG (Video Interactive Guidance)
Baby Massage/Baby Yoga
Support with routines e.g. sleeping, feeding



As well as direct service delivery Barnardo's NI in partnership with SEHSCT are delivering training throughout the SEHSCT area in order to upskill the IMH workforce. The three trainings being offered are:

- Five to Thrive Approach
- Baby Massage and Baby Yoga
- Community Resilience Model

The ABC PiP IMH Keyworker (Practice Development) is appointed on a fixed term contract until March 2020 and will offer ongoing support to practitioners to embed the learning from this training into practice.