

# Infant Observation Opportunity

**Are you expecting or caring for a baby under 4 weeks old?**

**My name is Aleksandra Fitzerman, I am a nursery practitioner studying early childhood development. As part of my postgraduate training, I am inviting families to take part in a gentle infant observation.**

## What does it involve?

- ✓ A weekly one-hour visit at a time convenient for you.
- ✓ I quietly observe while you continue your normal routine.
- ✓ No special preparation needed.
- ✓ You may stop participation at any time.

## Why take part?

Many parents enjoy taking part because it helps them to:

- Notice how their baby communicates before speech.
- Better understand their baby's moods and expressions.
- Reflect on their baby's early development.
- Strengthen their connection with their child.

**Interested or want to know more? Contact:**

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