



The National Parent-Infant Relationship (PAIR) Framework

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What is it?

How will we do it?

Who will be involved?



What is the National PAIR framework

It will develop best practice guidance to support the implementation of parent-infant relationship provision and pathways.

To do this we will:

- Draw on best practice from parent-infant teams and services across the UK
- Bring together people with lived and learned experience
- Synthesize existing research, evidence from practice and professional guidance.



Best practice guidance will be developed in these areas:

Supporting babies and parent-infant relationships facing the greatest challenges

- Babies on the edge of care
- Babies in neonatal care
- Families with mental health difficulties
- The antenatal period.

Supporting the journey of care for families across the whole system

- Early identification of need
- Connections between community, universal, targeted and specialist services
- Clear service offers for different levels of need.





How will we do it?



The project will be lead by the following research questions

1. What does 'good' service delivery to support parent-infant relationships look and feel like?
2. What can be learnt about how to improve parent-infant relationship service provision?



The project will draw on five evidence sources

'Lived' experiences	'Learned' experiences	Scientific peer-reviewed evidence	Resources and guidance⁴	Practice-based evidence
<p>Families who have accessed parent-infant relationship teams and services and those who have not.</p> <p>Incorporating the <i>'voice' of the baby⁵</i>.</p>	<p>Parent-infant practitioners and associated professionals; organisations and professional bodies in the sector.</p>	<p>Systematic reviews and meta-analyses of implementation and systems literature.</p>	<p>Publications and guidance developed by the Parent-Infant Foundation and partners in the sector.</p>	<p>From Specialised Parent-Infant Relationship Teams and services</p>





Who will be involved?

Project team	National advisory group
Task and finish groups	Coproduction panel



Project team

Parent-Infant Foundation

- **Clinical Strategic Lead**
- **Project Manager**

Partners

Ideas Alliance

Leading on co-production with those with lived and learned experience

Anna Freud

Research fellow leading on the research outputs within the project.

National Advisory Group



Task and finish working groups

- Groups of professionals with a focus on:
 - Edge of care
 - Neonatal care
 - Mental health
 - Antenatal



Co-production panel



Project stages and timeline

Years 1 & 2

Gathering Evidence and Insight

- Collecting evidence
- Developing a theory of change
- Co-production – babies and families facing the most challenges
- Co-production – national panel

Years 3

Development of the framework

Writing and designing the framework

Years 4

Dissemination and Implementation

Writing and designing the framework



Parent-Infant
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