



Referrals now open for online group:
Reflective Parenting for Parents who have Adopted (RPPA)

What is RPPA?

- An online psychoeducational support group for parents of adopted children aged 6 years & under
- Teaching, activities & reflective group discussion supporting parents to develop new ways of responding to their children's feelings & behaviour
- Facilitated by a Child Psychotherapist & a Reflective Parenting Co-Facilitator, who is also an adoptive parent
- An opportunity to meet & build supportive relationships with other adoptive parents facing similar experiences & challenges
- 10 weekly, online group sessions on Wednesday mornings during term time (10.00 - 11.30am)
- ASF funded (costs approx £1600 - £1950, depending on group size)

How does RPPA support adoptive parents and children?

- Increases understanding of the impact on children of early trauma
- Promotes sensitive parenting through greater understanding of feelings & behaviour
- Increases connection between parents & children
- Reduces conflict and strengthens family relationships
- Provides sustainable peer support networks

The next group will take place in Spring 2025. For more information or if you would like to be referred please email info@chorusfamilies.co.uk