

PARENT-INFANT RELATIONSHIPS (PAIR) PATHWAY TEMPLATE

Follow the QR code or visit our [website](#) for supporting guidance on how to 'localise' this template.

For further information or support contact the Parent-Infant Foundation: admin@parentinfantfoundation.org.uk

This pathway is for everyone working with families in the first 1001 days, including in pregnancy, it relates to all babies and caregivers (including mothers, fathers, partners and all primary carers).



Parent-Infant
FOUNDATION

A WAYS OF WORKING *(insert locally agreed, co-produced, values and ways of working here - see examples below)*

- Working in partnership with families and other practitioners/services leads to better outcomes for babies.
- It is essential to consider the baby's voice throughout the pathway.
- The experiences of marginalised and minoritised families need to be constantly held in mind.
- Risk should be considered in relation to the infant, the parents/carers and the parent-infant relationship.
- The pathway should be used in conjunction with local safeguarding policies and practice.
- Your specialist PAIR colleagues *(add names and contact details)* are here to help through *(edit as appropriate) consultation, joint visiting and training.*

Add your own logos
and QR codes



B INFORMATION GATHERING AND DECISION MAKING

Practitioners are encouraged to access PAIR training, and seek specialist consultation to help understanding of specific families. *(Populate this box with local training and consultation offer + agreed national sources of training/consultation support).*

Step 1
Access training
and consultation

Step 2
Gather information
with families

Gather information about key aspects of the parent-infant relationship and family from a range of sources. PAIR specialists can help you with this.

Your local Parent-Infant Relationship (or Infant Mental Health) Team, Service or Specialist can help you every step of the way *(Populate this box with the PAIR expertise available locally)*

Step 3
Make decision
and plan support

Consider gathered information, consult with PAIR specialists *(you can add here 'discuss at multi-disciplinary forum'; if relevant)* and then decide with family which interventions (or further assessment) best suit their parent-infant relationship needs (see over). Create and share PAIRs support plan.

Step 4
Interventions
(see over)

Populate this box with locally agreed framework for gathering information. You could include links to national resources such as Start for Life 'Reflecting on parent-infant relationships: practitioner's guide' and more in-depth screening/ assessment tools (such as MORS & ADBB scale) which will require training.

Voice/Perspective of the Baby: is the baby developing well physically and emotionally? What do you observe about baby's communication? Is the wider family and socio-economic context meeting needs of baby?

Interactions between Baby and Caregiver(s): What do you observe about the parent-infant relationship? What are the factors (past and present) which may impact the relationship?

Voice of Parents/Carers: What do parents think about the parent-infant relationship? Are there any parent mental health and/or couple/co-parenting relationship concerns? Are there relevant inter-generational relationship factors?

Information from other Professionals: Link up with practitioners from other agencies (subject to appropriate consent) and form a thinking team around the parent-infant relationship

Risk: Do you or the family have any safeguarding concerns? Does the quality of family relationships pose a risk to the child's wellbeing now or in their future development?

Your Own Knowledge: What are your responses, feelings and knowledge about the parent-infant relationship? Discuss and reflect with your team and in supervision.

The information gathered might be confusing or conflicting – use reflective supervision and consultation with PAIR specialists to help you understand this.



PARENT-INFANT RELATIONSHIP (PAIR) SERVICES AND INTERVENTIONS ACROSS LEVELS OF NEED

THIS IS WHERE LOCAL AREAS MAKE LINKS TO OTHER CARE PATHWAYS

(Perinatal mental health care. Baby's development (discuss with H/V). Couple relationship support). Good communication between services and pathways is critically important to ensure that families experience a joined-up system of care and do not have to retell their story.



"THRIVING" on i-THRIVE model.

Populate this box with your local offer and/or add QR codes which link to web pages with more detailed information.



"GETTING RISK SUPPORT" on i-THRIVE model.

Consider need for specialist safeguarding assessment and interventions alongside and as part of the wider care package for the family.

Populate this box with your local offer and/or add QR codes which link to web pages with more detailed information.

What else do the family need?

Families may need support from more than one 'level' of care and more than one service simultaneously. Review PAIR needs regularly, seek feedback from families, other services and use outcome measures where appropriate.

Prevention (targeted to risk factors)

"COPING" on i-THRIVE model.

Populate this box with your local offer and/or add QR codes which link to web pages with more detailed information.



Safeguarding elements alongside parent-infant relationship difficulties

Emerging and evident parent-infant relationship difficulties

"GETTING MORE HELP" on i-THRIVE model.

Populate this box with your local offer and/or add QR codes which link to web pages with more detailed information.



Complex and persistent parent-infant relationship difficulties

"GETTING HELP" on i-THRIVE model

Populate this box with your local offer and/or add QR codes which link to web pages with more detailed information.

