

- ✓ 46 full specialised PAIR teams
- ✓ 20 emerging teams + another 20 services
- ✓ PIF associates supporting 11 areas



Workforce solutions paper

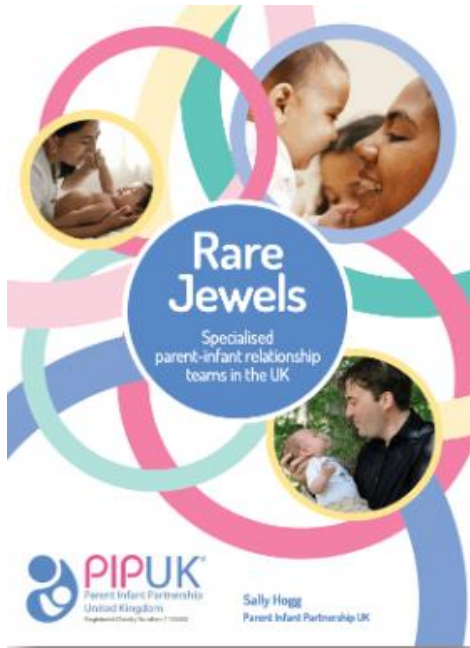
- How to expand the Parent-Infant workforce alongside the NHS long term workforce plan?
- Consultation with key stakeholders
- Proposed solutions based on current practice
- A vision of co-existing perinatal mental health and specialised parent-infant relationship teams, with sufficient PAIR workforce for both.



The Association for
Infant Mental Health



From Rare Jewels to The State of PAIR teams today



- **2019 – Rare Jewels published**
 - **19 teams**
 - **First definition of a specialised PAIR team**
- **2023-4 - Data collected from 44 of the 46 teams**
 - **Up-and-coming publication outlining practice across the sector**



Infant voice?
Involving parents?
Funding?
Fathers? Who?
Interventions?
Looked after infants?
Workforce?
Commissioning?
Self referral?
Perinatal pathway?



What did we ask?

Who is in your team?

What interventions do you use?

Do you see families where there is a child protection concern?

Do you take self-referrals?

Who do you see? How many dads, same sex families?

Do you take trainees?

Who funds you?

Do you have a joint pathway with perinatal mental health?

Do you involve parents in service design?

Do you work antenatally

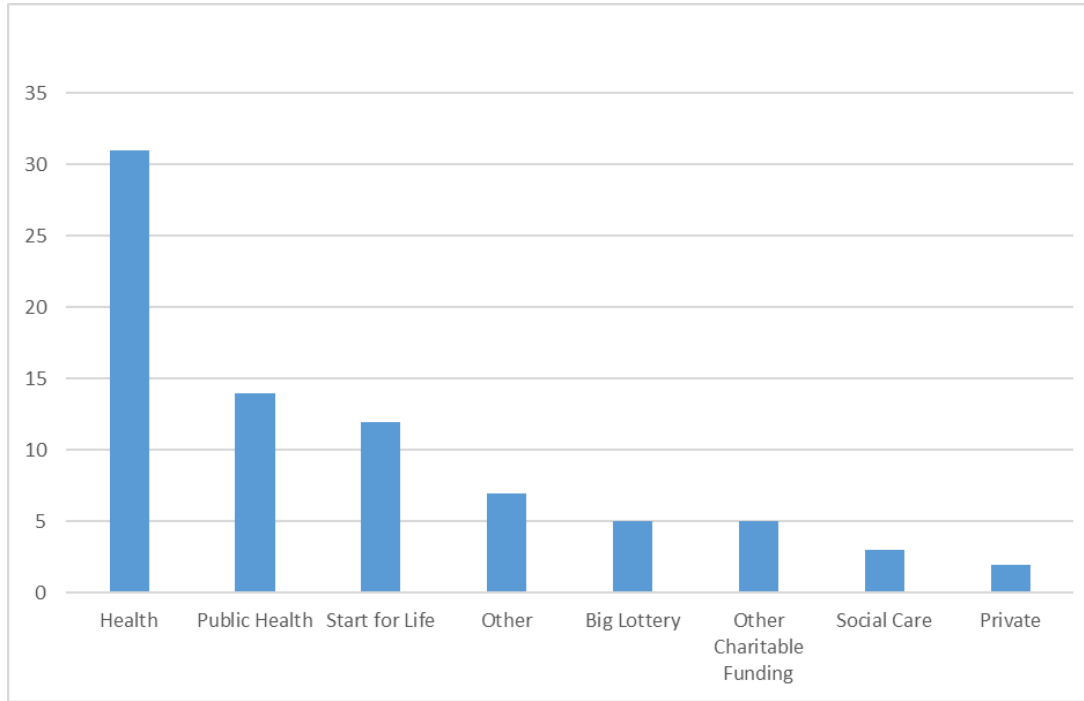
What outreach do you do?



Scotland and Wales



Where do teams get their funding from?





Parent-Infant
FOUNDATION

Wook Hamilton
Head of Development

Wook@parentinfantfoundation.org.uk