



Development update

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Self-audit tool

Describes best practice in Parent-Infant teams in the following domains:

- TEAM COMPOSITION AND CLINICAL GOVERNANCE
- REFERRALS AND ACCESSIBILITY
- CLINICAL WORK
- WIDER SYSTEMS WORK
- OUTCOMES AND SUSTAINABILITY

[Self-audit tool](#)



Parent-Infant
Foundation – Infant
Mental Health
Learning Partner

Evaluation of the Parent-Infant
Foundation service development support
offer to Scottish Health Boards

Evaluation of our Scottish Development Support

- "The support was highly valued"
- "The value of the SIMH-DC is rooted in its accessibility and helpfulness"
- "The support provided, including tools, resources and one-to-one conversations has been helpful to Boards to understand the process of IMH service development"



Commissioners tool

Research project in partnership with Newcastle university

- Funded by NIHR – Applied Research Collaboration North-East and Cumbria

Aim to:

- Understanding the barriers and facilitators to commissioning parent-infant services through qualitative interviews with commissioners

Next step:

- To develop a tool for commissioners that address what they need





Evidence and impact work underway

- Review of evidence of the impact of parent-infant relationship teams in progress.
- Great Manchester Parent-Infant Teams Impact Project





Self-audit tool



Commissioners tool



Review of evidence



Manchester research





Our policy and campaigning work

- Promoting **parent-infant teams** across the UK
- Coordinating the **First 1001 Days Movement** to campaign for broader policy and investment to support babies social and emotional development.





HM Government

Family Hubs and Start for Life programme guide

August 2022

High level intent

Support for parenting, perinatal mental health and parent-infant relationships

“The funding for parent-infant relationships and perinatal mental health services should be used to provide parents with universal access to services, and support those with an identified mental health need or who would benefit from a more intensive parent-infant relationship programme.”





HM Government

Family Hubs and Start for Life programme guide

August 2022

Must dos

- Agree to take part
- Appoint a local leader
- Undertake a needs assessment
- Set-up a parent-infant relationship perinatal mental health working group & clear referral pathway
- Professionals and volunteers receive training to enable them to identify parent-infant relationship difficulties
- More specialist training is available to build on core competencies to improve early help e.g. video-feedback
- Collect data – service-level and outcomes (e.g. parent-infant relationship)





HM Government

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recommend

- Local perinatal mental health and parent-infant relationship strategy.
- Oversight from local health and wellbeing board.
- Include it in local health and wellbeing strategies





HM Government

Family Hubs and Start for Life programme guide

August 2022

'Go further' options

- 1-1 support available for parent-infant relationship difficulties in family hubs
- Joint commissioning role (new or existing) to draw on existing parent-infant relationship skills e.g. improving access to IAPT services.
- P-I teams and community PMH team integrate and/or co-locate
- Joint working opportunities between them implemented e.g. consultation and delivery
- Joined up training and supervision



Our recommendations for Start for Life areas

1. Develop a strong awareness of their local parent-infant relationship challenges and how these change over time, by:

- Mapping the needs of their local population. (Must do)
- Monitoring key data (tied to population needs) quarterly depending on accessibility. (Best practice)

2. Map their parent-infant relationship services, including identifying existing gaps, with a commitment to fill them over the course of SfL and in the years ahead, by:

- Mapping their universal, targeted and specialist services for all parents and babies (Best Practice)
- Buddying up with other areas who have gone further to share experience & knowledge. (Best Practice)



Our recommendations for Start for Life areas

Produce a long-term parent-infant relationship and perinatal mental health service development plan covering the SfL programme (Recommended) and beyond (Best Practice), that ensures there are universal, targeted and specialist services available to ALL parents and babies with an identified need. This would include the following:

(d) Producing a shared perinatal mental health and parent-infant relationship pathway, which makes it clear for families where different levels of support are delivered and how they can be accessed.

(Must do)

(e) Updating the local authority's health and wellbeing strategy and the Integrated Care Board's strategies to include a perinatal mental health and parent-infant relationship strategy confirming the population needs and service development plans.

(Recommended)



5 Parent-Infant Relationship asks for Start for Life areas

Produce a workforce training and development plan in parent-infant relationships, that:

Upskills all family facing professionals tied to the AIMh UK skills framework so (a) during the SfL programme a majority of families with babies 0-2 years are supported by a trained professional (both across universal, targeted and specialist services) [Best Practice] and (b) in the longer term ensures all families are supported by trained professionals [Best practice].

5. Report on the impact of their work on parent-infant relationship services by:

- Confirming the number of babies and families supported across all their services (universal, targeted and specialist) during the SfL period (Must do).
- Receiving, collating and publishing feedback from parents who receive support and professionals who refer onwards and deliver the services provided (Best Practice).

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- Measure and report the impact of targeted and specialist service interventions (Must do)





First 1001 Days Movement

- Creating a clear, compelling, consistent narrative.
- Working together to influence national policy.
 - **Implementation of Start for Life (leadership, £, accountability) including Health and Care Bill**
 - **Health Visiting**
 - **COVID-19 and babies**
- Supporting members to influence locally or on specific issues.

