

An Introduction to the Parent-Infant Teams Network and our implementation and support offers





This prospectus will introduce you to the Parent-Infant Teams Network, tell you how you can join, and explain the support we offer through the Network and our other bespoke support offers.



What are parent-infant teams?

The Parent-Infant Foundation supports the growth and quality of specialised parent-infant relationship teams across the UK. For the last decade, we have worked with clinicians, commissioners, policy makers and others around the UK to develop, grow and increase the effectiveness of parent-infant teams. In this prospectus you can read more about how we support existing parent-infant teams and those who are developing new provision.

Specialised parent-infant relationship teams are multi-disciplinary teams, led by mental health professionals such as psychotherapists or psychologists with expertise in working with babies and their families.

Parent-infant teams work at multiple levels: They work with families experiencing severe, complex and/or enduring difficulties with a tailored package of support to strengthen and repair early relationships.

They are also expert advisors and champions for all parent-infant relationships, driving change across their local systems through offering training, consultation, supervision and strategic support.

Parent-infant teams are called different names on the ground, this might be infant mental health services, parent-infant mental health services, PIPs, or other names chosen by local communities.

The Parent-Infant Teams Network

The Parent-Infant Teams Network brings together established and emerging specialised parent-infant relationship teams around UK to share good practice and learn together. We champion parent-infant teams and work together towards the highest standards of practice. Clinicians, managers and commissioners in the Network benefit from access to written materials and resources, and find huge value in having a safe, supportive space to share challenges and achievements and to learn together.

Anyone who is part of an established specialised parent-infant relationship team around the UK, or that is working towards being a team can join the Network. Enhanced Network membership enables teams to access our additional implementation support at a further cost.



What are the benefits of joining the Network?

Anyone who is in an existing parent-infant team or developing a team is welcome to join the Network.



Basic Network membership



Free access to:



Connection to parent-infant teams around the UK

- Bi-monthly online **peer learning forum** – sharing practice and ideas on particular topics of interest with other clinicians
- **Quarterly newsletter** with a round-up of relevant research, policy and practice updates



Access to information and resources

- Comprehensive **online development and implementation toolkit**.
- Access to a members' only **Network area**: a password-protected online resource library where you can find:
 - **Resources** shared by other Network members such as referral forms, leaflets for families, job descriptions etc.
 - **Learning materials** from past webinars
- Our **self-audit tool** to help parent-infant teams and their commissioners to consider the extent to which they meet the criteria for a specialised parent-infant relationship team, and where there might be room for improvement and growth



National policy and campaigning work

National policy and campaigning work

- The opportunity to influence national policy, and access to news and briefings about policy development

"It's so helpful to make connections with other clinicians working in this field ... I value this forum immensely."

Peer learning forum feedback



Regular events

All team members will be invited to attend the following events, some of which may be at a small additional cost:

- **Bi-monthly webinars** with national and international experts in parent-infant relationship practice and research
- **National Network events** – in person and online

"Very interesting and inspiring"

Webinar feedback

All parent-infant teams and emerging teams in Scotland can join the **Scottish Development Community**, as well as being part of the UK-wide Parent-Infant Teams Network.



Enhanced membership and additional implementation support

Enhanced membership



In addition to basic membership this package includes:

- **Two hours of tailored advice and support a month** (or equivalent) from one of our clinical or service development experts
- **Access to a two hour monthly drop-in implementation surgery** – A regular online drop-in space to ask questions, get advice and connect with professionals in other areas
- **Free access** to all Network webinars and events.

Cost of package: £3,300 per team per year

Enhanced-plus membership



In addition to basic membership, this package includes:

- **Project inception meeting** which includes development of a project plan
- Guided use of our **self-audit tool**
- Access to **five hours of advice and support a month** (or equivalent). This can also include attending programme or project meetings, delivering training, writing proposals, running reflective practice sessions
- **Access to a two hour monthly drop-in implementation surgery**
- **Free access to two Network events a year**
- Free access to **bi-monthly webinars**.

Cost of package: £6,000 a year



“Having the Parent-Infant Foundation there has really made a difference. It’s given us a framework, a framework of development, a framework of training, supportive partners, other people who’ve been through this development. You know, really it’s immeasurable, I think, the value that that’s brought.”

Evaluation of the Together with Baby team in Essex

Bespoke support offers

In addition to the above membership packages, you might prefer to build your own package of support.

You may want:

- ◆ **intensive start-up support** or
- ◆ **guidance on a particular element of implementation.**

We are happy to put together packages of implementation and delivery support for emerging and existing parent-infant teams, including bespoke 1:1 advice and guidance to suit where you are at on your implementation journey. Please get in touch and we will arrange to meet with you to discuss what would work best for you.



Topics that might be covered in your bespoke package of support might include:

- ◆ Analysis of local needs and service mapping in the area
- ◆ Commissioning models
- ◆ Involving user voice (parents and babies) in service design and development
- ◆ Team composition and recruitment
- ◆ Workforce development and training
- ◆ Data collection and outcome measurements
- ◆ Reporting to funders and wider comms
- ◆ Clinical interventions
- ◆ Developing care pathways
- ◆ Policy development
- ◆ Indirect training and consultation work with the wider early years system

"As a service looking to develop and expand our parent-infant relationship work, the guidance and support we have received from the Parent-Infant Foundation has been invaluable."

Clare Nuttal, Consultant Clinical Psychologist,
Birmingham Women's and Children's NHS
Foundation Trust

How do I join the Network?

To join the Network, or to arrange a meeting to discuss how we can support you please contact admin@parentinfantfoundation.org.uk

You can also find us on the website www.parentinfantfoundation.org.uk





What else does the Parent-Infant Foundation do?



Resources on our website including a comprehensive Toolkit

The website includes a wealth of information including **films** to promote the work of parent-infant teams, **reports** to influence decision makers and **briefings for commissioners**.

The **online Development and Implementation Toolkit** provides a range of information and guidance on all aspects of setting up and developing a parent-infant team.



Focussed evaluation and research

We work alongside parent-infant teams to support their evaluation and data collection. We also commission and support bigger research projects to inform the need for, development or value of parent-infant teams.



National policy and campaigning work



The Parent-Infant Foundation also works with governments across the UK to advocate for greater awareness and investment in parent-infant teams.

We are the secretariat for the **All-Party Parliamentary Group for Conception to Age 2** and we convene the **First 1001 Days Movement**, an alliance of nearly 200 charities campaigning for change for our youngest children.



www.parentinfantfoundation.org.uk

@ParentInfantFdn @First1001days