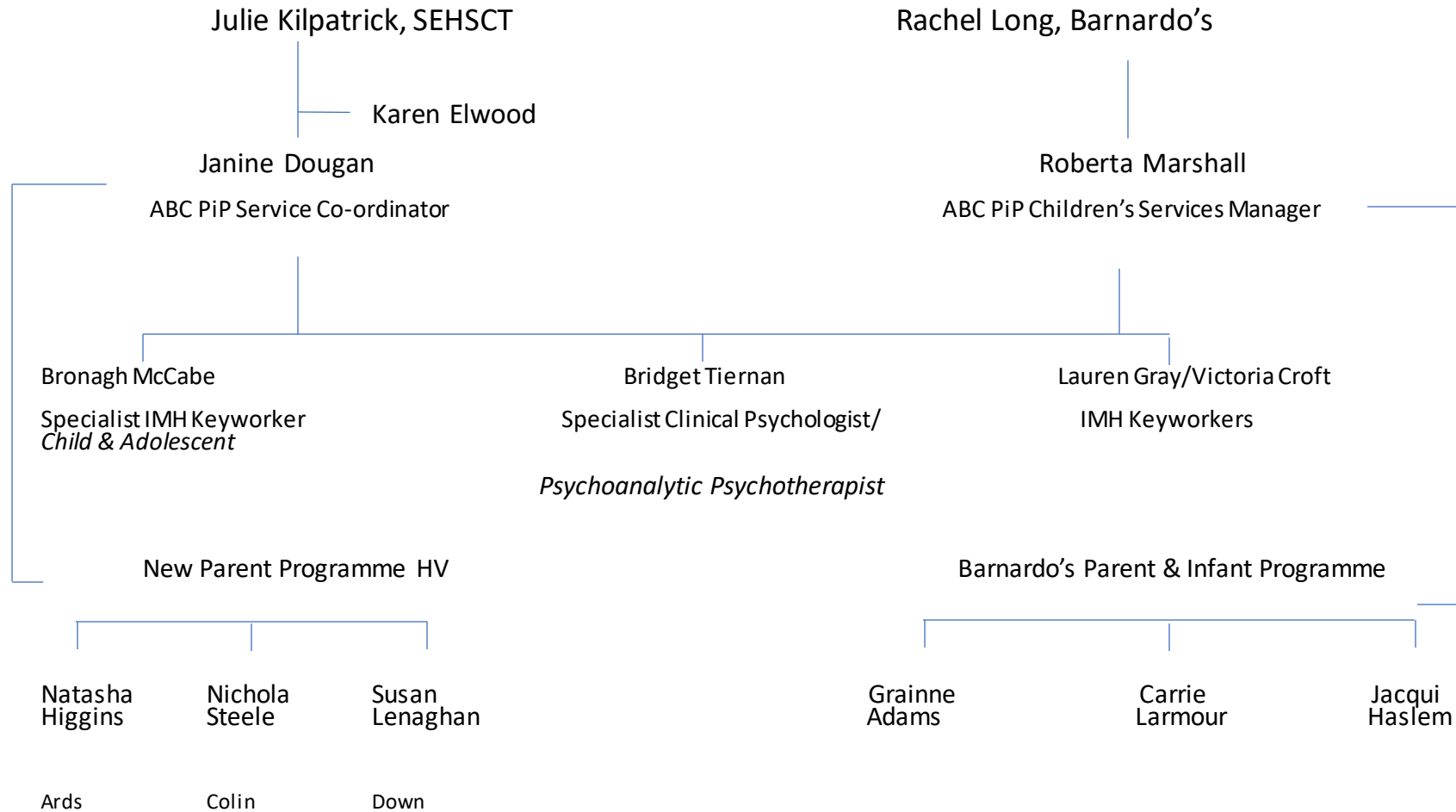




Strategic Partnership between South Eastern Trust, Barnardo's and Tiny Life support by Parent Infant Foundation



ABC PiP Team



Service Administrators – Sarah McCartan & Eilish Robinson

Levels of Intervention

Tier 1 intervention provided by Barnardo's Infant Mental Health Key Workers. Includes direct, individualised, educative work on infant development, interventions to support bonding such as baby yoga and massage, support to help parents manage their own regulation and self-care to be better equipped for parenting.

Step Down



Step Up

Tier 2 intervention provided by SEHSCT team staff with additional psychoanalytic training in infant development. Includes interventions listed above, with additional psychotherapeutic focus to address the impact of factors such as intergenerational trauma on parent - infant relationships.

Challenges

- Difficulty of face to face delivery
- Complexity of referrals
- No exit strategies due to lack of services operating
- Additional demands on team re covid eg assisting with vaccinations
- Cost of living crisis – poverty
- Ongoing pressure within systems

Opportunities/Developments

New innovative ways of working

- Virtual delivery
- Group work
- Outdoor groups
- Easier to meet with others re higher level systems change eg Stronger from the Start

The NI Policy landscape



Influencing National Policy & Practice

Infant Mental Health Regional Influencing

- Infant Mental Health Implementation Group – Roberta
- Infant Mental Health Communities of Practice – Janine
- Infant Mental Health Comms Groups – Roberta & Janine
- Ongoing communication with Mental Health Champion (Mental Health Strategy for NI)
- Infants in CAMHS
- AIMNI/Stronger from the Start

Who are we?



 ASSOCIATION FOR INFANT MENTAL HEALTH
(NORTHERN IRELAND)

Parent-Infant FOUNDATION

Action for Children

NSPCC NORTHERN IRELAND

The Community Foundation Northern Ireland

HOME START

ATLAS CENTRE Learning & Support for Everyone

Smile SureStart

waterside WOMENS centre

Lifestart

Believe in children Barnardo's Northern Ireland

NATIONAL CHILDREN'S BUREAU

step

nirwn Northern Ireland Rural Women's Network

Coleraine SureStart Partnership

altram guth na tuathblanta

Beechmount SureStart Tus Malth Ard na bhFoa

ParentingNI

Children in Northern Ireland

SHANKILL SureStart

Windsor Women's Centre

SureStart Genbook

relate ni the relationship people

Quaker SERVICE

FABIN Centre

Save the Children

Lindsay Robinson Have you seen that girl?

AWARE OVERCOMING OBSESSION CHANGING LIVES

step

NO ONE LEFT BEHIND

SÓLÁS

Foyle Down Syndrome Trust

FIRST HOUSING Aid & Support Services

Tiny Life

action mental health

Children's law centre

mencap

Mind Wise

NICMA

The Parent Rooms Family We Are Family

East Belfast SureStart

SOUTH BELFAST SureStart

footprints Women's Centre

The ResurgamTrust Connecting Individuals Transforming Communities

Connected for life

2022 MANIFESTO



We're calling on all political parties to join us by signing up to four key priorities.

Leadership & Collaboration

Improving Evidence & Policy

Workforce Development

Service Development

OUTCOME

Clear commitment to improve infant mental health

ACTIONS:

- Invest in infant mental health
- Joined-up planning, commissioning and review processes

OUTCOME

Insight, data and evidence collected & shared

ACTIONS:

- Invest in research to understand IMH needs
- Identify measure and implement data collection and sharing

OUTCOME

Skilled and supported multi-disciplinary workforce

ACTIONS:

- Infant & early childhood workforce strategy
- Effective collaboration with & resourcing of community & vol. sector

OUTCOME

Infrastructure of resourced, evidenced and high-quality services

ACTIONS:

- Range of universal, targeted and specialist support available
- Support services to be accessible & effective