

# Wee Minds Matter

NHS GGC Infant Mental Health Service

Jane Turner Consultant Child Psychotherapist – IMH Lead



# Context

Perinatal Mental Health Network Scotland (PMHNS) was set up in 2017 to address inequalities across Scotland

September 2017 - Infant mental health Lead appointed  
February 2019, Curricular Framework for Perinatal (Maternal and Infant) Mental Health with NHS Education Scotland (2019).

March 2019, 'Delivering Effective Services' (Scottish Government, 2019a) was published

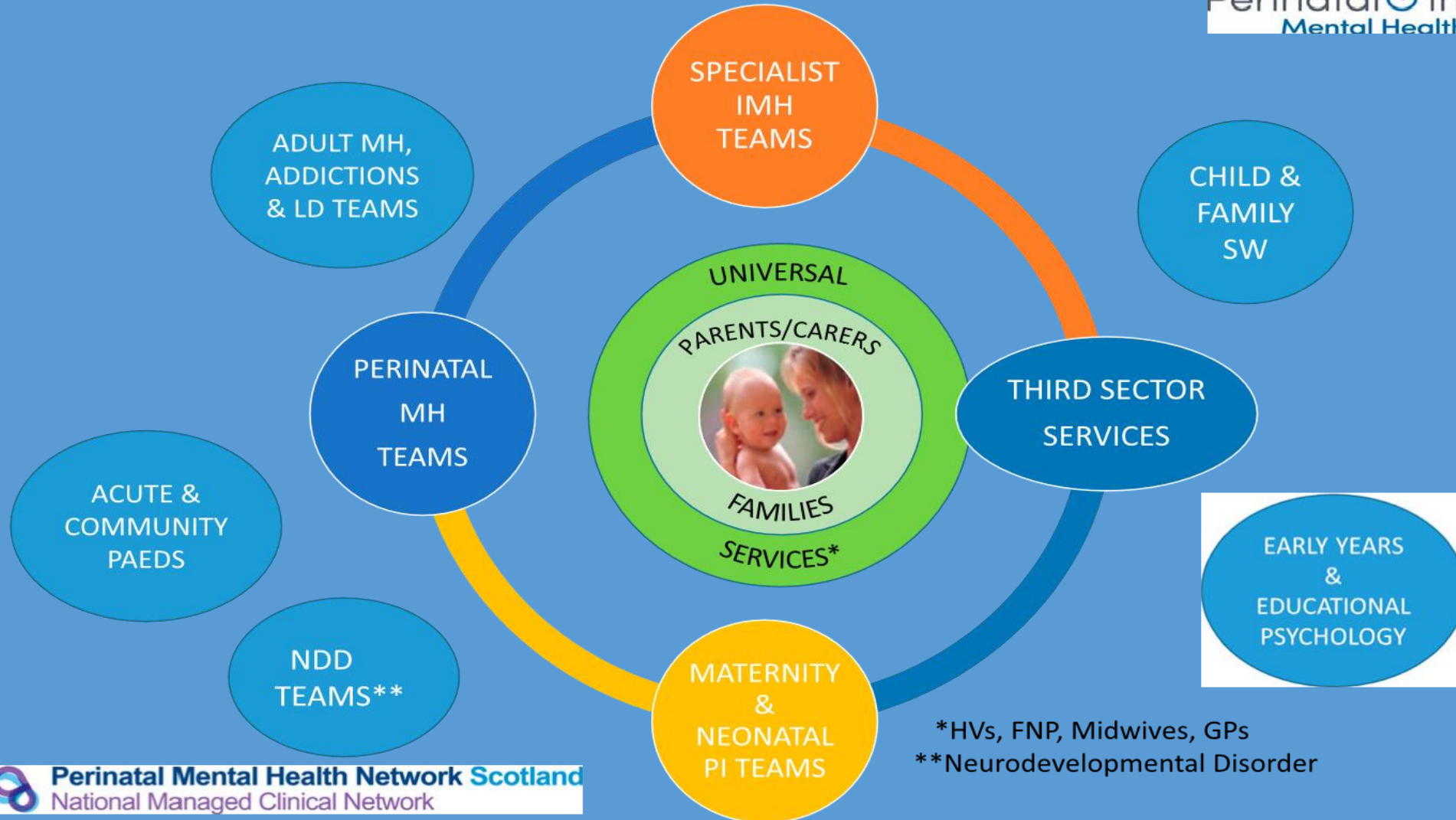
# Context

‘Implement and fund a Scotland wide model of infant mental health provision. These infant mental health services aim to meet the needs of families experiencing significant adversity, including infant developmental difficulties, parental mental illness, parental substance misuse, domestic abuse and trauma.’ (Scottish Government, 2019b)

- Perinatal and IMH Programme Board April 2019 – investment of £50million over 4 years
- Second wave of funding – Greater Glasgow and Clyde

# The Infant mental health system in Scotland

Perinatal & Infant  
Mental Health



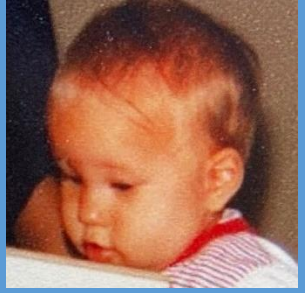
\*HV, FNP, Midwives, GPs  
\*\*Neurodevelopmental Disorder

# Reference for context

- Anne McFadyen (2021) Wellbeing for Scottish Wee Ones: developing infant mental health systems in Scotland, *Infant Observation*, 24:2, 139-151, DOI:  
[10.1080/13698036.2021.1996909](https://doi.org/10.1080/13698036.2021.1996909)

# IMH Service for NHSGGC

- Specialist multidisciplinary team – 6.2 wte
- Covering whole health and social care board
- Psychotherapy, Psychiatry, Family and Systemic Psychotherapy, Clinical Psychology, Social Work, Nursing, Occupational Therapy, Speech and Language Therapy, Project Manager, Business Support.



# Service Offer

Outreach – *connecting with the network and tailoring offer to support access and inclusion*

Care Planning – *incorporating voice of infant in proportionate plan*

Consultation – *supporting existing network around infant/family*

Specialist Intervention – *where indicated by care plan*

Education – *raising awareness of IMH with families and professionals*

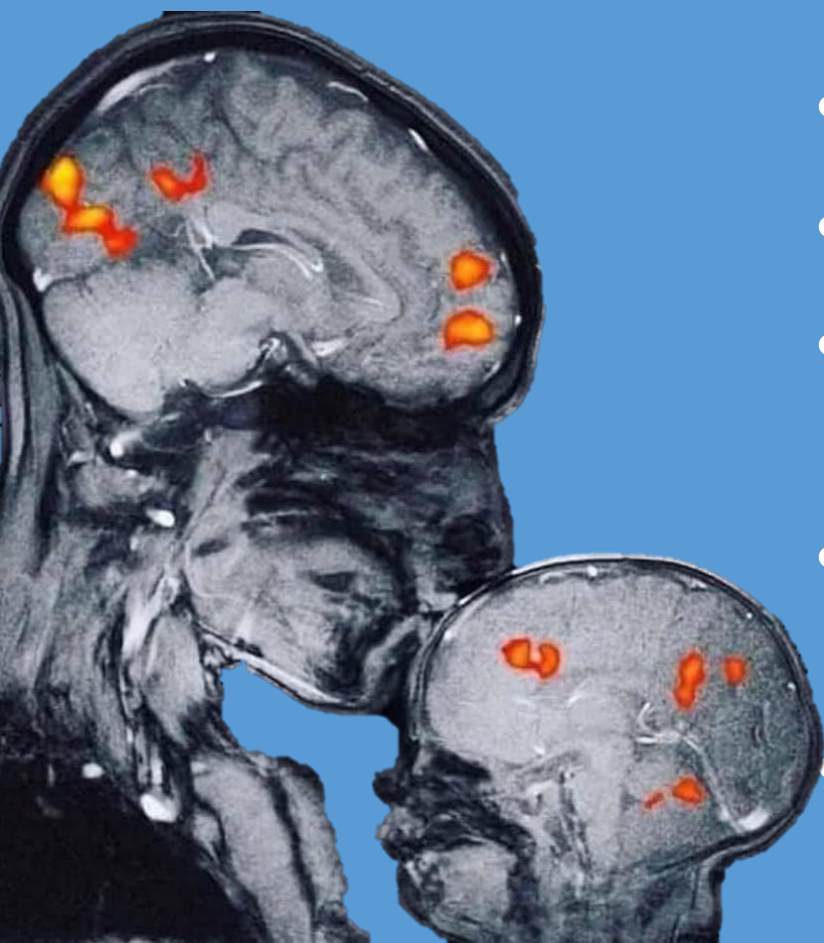
# Highlights and developments



- Appointment and induction of team June – November 2021
- Launch of service January 2022
- Close working with Perinatal service, and Maternity, Neonatal Psychological Services to develop the pathway
- Warwick, Newborn Behavioural Observational tool, and Circle of Security training



# Highlights and developments



- IMH and Perinatal network
- Reflective practise for staff with Homestart
- Art from the Start/Art Psychotherapy groups
- Roll out of NBO training across Perinatal and IMH pathway
- Development of info/raising awareness sessions/forming relationships in the network
- Consultation/participation for our name – ‘Wee Minds Matter’

# Impact of wider policy environment – some examples

- Review of the antenatal pathways in GGC
- GIRFEC – getting it right for every child
- Independent Care Review and The Promise
- Changes in Health Visiting service delivery
- Addressing the needs of those mothers and infants who are falling through the gaps – in relation to substance misuse, previous removal of infants.
- Fatherhood Network Scotland – developing services for fathers (and infants)

# Influencing National Policy and Practise - relationships across the network

Perinatal and Infant mental health Programme Board  
2019

Infant Mental Health Implementation and Advisory Group

Infant Mental Health forum

Parent Infant Foundation network

AIMH – Scottish Hub

## Contact details

Wee Minds Matter

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[http://www.staffnet.ggc.scot.nhs.uk/Applications/EMISWeb/Documents/Community%20Childrens%20Services%20referral%20process%20%20EMIS%20guidance%20%20v22\\_03\\_1.pdf](http://www.staffnet.ggc.scot.nhs.uk/Applications/EMISWeb/Documents/Community%20Childrens%20Services%20referral%20process%20%20EMIS%20guidance%20%20v22_03_1.pdf)





Thank you

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