

# HMR Early Attachment Service

## What do we offer?

(written by Sarita Dewan, Healthy Young Minds HMR, May 2019)

### Signposting, Self-Management and one off contact

HMR EAS will support families who are **Getting Advice** by:

- Supporting services via one-off consultation and advice
- Supporting practitioners to use Newborn Behavioural Observations/infant observations to promote thinking about the baby

### Risk Management and Crisis Response

HMR EAS will support families who are **Getting Risk Support** by:

- Offering infant observations
- Offering assessment and formulation
- Offering specialist PIMH risk assessment
- Offering consultation



**Goals focussed evidence informed and outcomes focussed intervention**

HMR EAS will support families who are **Getting Help** by:

- Offering short term, goal-focused consultation to professionals and parents and carers
- Offering short term, goal focussed therapeutically informed parent-infant work
- Offering Home Start peer mentor support and PIMH coordinator input

### Extensive Treatment

HMR EAS will support families who are **Getting More Help** by:

- Offering specialist assessment
- Offering extensive specialist therapeutic input to improve parent-infant relationship
- Supporting parents who have children who are at risk of removal from their care
- Consultation to the network to support risk management and care planning

**The EAS supports Thriving families by:**

- Promoting the importance of infant mental health
- Offering training to local services regarding recognising difficulties in parent-infant relationships and knowing how to help
- Sharing information and resources that promotes the development of healthy parent infant mental health
- Supporting services to champion parent-infant mental health