



Policy Update

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Our policy and campaigning work

- Promoting **parent-infant teams** across the UK
- Coordinating the **First 1001 Days Movement** to campaign for broader policy and investment to support babies social and emotional development.





Northern Ireland

- Recognition of IMH at a national level e.g. IMH framework 2016
- New 10 yr mental health strategy recognises value of early years/lifecourse approach, and strengthens perinatal provision and makes commitments to action on infant mental health.

99. Children between 0-3 regularly do not have access to CAMHS. Such a position does not recognise that the path to good mental health starts in infancy. Infants should therefore also be part of our mental health services approach. This will require clear and committed leadership across CAMHS services and inter-agency working with the Community and Voluntary sector to help and support the full age spectrum in CAMHS.
100. Going forward, we will ensure that infants' mental health is on the agenda, and that the needs of children under 3 are included in the development of mental health services and in the delivery of CAMHS.

INFANTS MENTAL HEALTH WILL BE PART OF THE DEVELOPMENT AND DELIVERY OF CAMHS





Scotland

- National commitment to infant mental health provision, backed up by £
- Rapid growth of perinatal and infant mental health provision
- Our Scottish coordinator, Rachel Fraser, is supporting national, local developments in two areas and a national "development community".





Wales

- No national commitment to parent-infant teams
- Many useful developments (1000 days in Public Health Wales; Early years integration transformation programme; Perinatal Mental Health policy).
- Growing interest at a national and local level
- Foundation project in Cwm Taf Morgannwg helping to show the need for services and what can be done.





Parent-infant teams and policy in England

Within the NHS...

- NHS Long Term Plan set out goal for specialist MH support for all children 0-25
- No detail yet on what this means and how it will be delivered
- NHSE looking at 0-5 offers. **Welcome Rosie!**





Within the Start for Life Vision...

No specific commitment to development of infant mental health services (although MH services are described as something that should be part of the offer)

Ensuring families have access to the services they need

- 1. Seamless support for families:** a coherent joined up Start for Life offer available to all families.
- 2. A welcoming hub for families:** Family Hubs as a place for families to access Start for Life services.
- 3. The information families need when they need it:** designing digital, virtual and telephone offers around the needs of the family.

Ensuring the Start for Life system is working together to give families the support they need

- 4. An empowered Start for Life workforce:** developing a modern skilled workforce to meet the changing needs of families.
- 5. Continually improving the Start for Life offer:** improving data, evaluation, outcomes and proportionate inspection.
- 6. Leadership for change:** ensuring local and national accountability and building the economic case.





In the spending review

"The evidence is compelling that the first 1,001 days of a child's life are the most important...We are responding today with £300 million for a start for life offer for families"





The Spending Review...

- £82million for Family Hubs. "transformation money for 75 selected upper tier local authorities to create or develop their Family Hub network"
- £50 million for Parenting Programmes. "ensure parenting programmes are available in those local authorities, alongside additional targeted support to families most in need."
- £10 million for the Start for Life offer. "Local authorities will receive funding to bring together their joined up Start for Life offer, ensuring that parents and carers understand what services they can access and where they can access them."
- £50 million for breastfeeding support. "funding for a comprehensive offer of advice and support around breastfeeding."
- **£100 million for infant and perinatal mental health" funding for bespoke parent infant mental health support."**
- £10 million for workforce pilots. "In a small number of local authorities this funding will be used to develop ideas around a modern, mixed skilled workforce... under the clinical leadership of health visitors."

Where? When? What for?





More detail on the £100m...

The investment will allow us to invest in a package of support for staff, training and interventions to support the social and emotional development of parents and infants from conception until a child's second birthday. Service provision varies across the country according to need, therefore local areas will be given the opportunity to tailor their perinatal and parent-infant mental health support offer. Provision is likely to be a combination of support for perinatal mental health and infant mental health. Further details on the process for allocating funding for these services will be confirmed in due course.





Question:

To ask the Secretary of State for Health and Social Care, whether the funding announced for parent and infant mental health in the Spending Review 2021 will support the expansion of specialised parent-infant teams. (74885)

Tabled on: 15 November 2021

Answer:

Gillian Keegan:

We are working with leading academics, clinicians, Health Education England and NHS England and NHS Improvement to determine how this funding should be invested to support existing services. Further details will be confirmed in due course.

The answer was submitted on 24 Nov 2021 at 15:03.





First 1001 Days Movement

- Creating a clear, compelling, consistent narrative.
- Working together to influence national policy.
 - **Implementation of Start for Life (leadership, £, accountability) including Health and Care Bill**
 - **Health Visiting**
 - **COVID-19 and babies**
- Supporting members to influence locally or on specific issues.

