

### **NorPIP Parent Infant Therapist – Henry Smith Project**

Northamptonshire Parent Infant Partnership is an established charity specialising in the emotional needs of parents, pre and post birth and their babies during their first two years of life. You will join our existing team of parent infant therapists to deliver this service in Corby and be primarily based at Pen Green Children's Centre. This particular service is funded by The Henry Smith Charity.

#### **Parent Infant Therapist**

**Corby , with limited regional travel to attend meetings in Northamptonshire**

**1 day (7.5 hours) per week - Tuesday**

**Freelance Role**

**£160-£180 per day depending on experience and travel**

The purpose of your role will be providing parent infant therapy to families with the aim of improving the relationships between parents and their infants. You will also be responsible for developing relationships with referrers , as well as providing consultation to a variety of professionals and agencies. You will be expected to complete evaluations of the treatment and maintain record keeping.

The successful candidate will need to have professional training in adult/child or parent/infant psychotherapy, systemic psychotherapy, psychodynamic counselling or clinical/counselling psychology (with training in parent/infant psychotherapy). It is desirable that the applicant will have a post qualification experience in working with parents and infants. You must have access to a vehicle for business purposes and be able to travel across the county. An enthusiasm for growing a more significant parent infant therapy service would be a distinct advantage.

**To apply for the role, please send your CV and a covering letter (no more than 2 A4-sides) to [ceo@norpip.org.uk](mailto:ceo@norpip.org.uk).**

**For an application pack and further information, please visit:**

<http://www.norpip.org.uk/work-with-us>

**Closing date: 17<sup>th</sup> March 2019**

**Interview date: 19<sup>th</sup> March 2019**

NorPIP welcome's applications from all sections of the community.

### **Parent Infant Psychotherapist**

Infant mental health is a strength-based approach that focuses on parental empowerment and involvement, aiming to improve sensitivity and responsiveness within the family. This is an intervention directed primarily at the relationship between baby and parent, not one that necessarily provides for an 'identified patient', and so demands both specialist skills and the ability to think flexibly. Infant mental health clinicians require a core of specialised knowledge and skills congruent with the wide range of risk factors and developmental issues that have to be considered.

The infant mental health specialist needs to call upon a wide range of skills and strategies that together contribute to the parent's understanding of the infant, the awakening or repair of the early developing attachment relationship, and the parents' capacity to nurture and protect a young child to the best of their capacity.

FACTOR	ESSENTIAL	DESIRABLE
<b>Education/ Qualifications/ Training</b>	<p>A practising Psychotherapist/Counsellor who is a fully qualified registered member with UKCP, ACP, BPC or BACP or other relevant professional organisations</p> <p>Experience and training in infant observation.</p>	<p>Post qualification training in either:</p> <ul style="list-style-type: none"> <li>- Other therapeutic approaches with young children and/or families</li> <li>- Completed course in infant observation and/or infant mental health</li> <li>- Completed course in child development / attachment theory.</li> </ul>
<b>Experience</b>	<p>Experience working with Children, Young People and Families. Experience of working with parents and children together in session.</p> <p>Working professionally with pregnant women, babies, toddlers and early years; e.g. midwife, health visitor, children's centre staff.</p> <p>Experience of at least one of the following: training, supervision, consultation to others.</p> <p>Experience of multi-agency working.</p>	<p>Experience of consulting to other staff and/or offering supervision.</p> <p>Experience of training others.</p> <p>Presenting to groups of professionals.</p> <p>Experience of working with fathers.</p>
<b>Skills/Aptitude</b>	<p>Ability to work effectively with professionals in all disciplines from all agencies.</p> <p>Ability to reflect on, and critically appraise own performance.</p> <p>General IT and Administration skills including Word processing and database skills</p>	<p>Have the technical skills to handle sensitive equipment such as specialised DVD recorder, TV and computer.</p> <p>Effective presentation skills.</p>

<b>Knowledge/ Abilities</b>	<p>Knowledge and understanding of infant mental health and attachment theories</p> <p>Knowledge of emotional, cognitive and physical development during infancy and early childhood.</p> <p>Understanding of a number of psychological theories and evidence based interventions relevant to intervention in the early years, with an ability to demonstrate their clinical applications.</p> <p>Knowledge of Safeguarding procedures and an ability to promote and safeguard the welfare of children.</p> <p>Ability to balance competing demands, negotiate and find solutions. Ability to plan, prioritize and meet deadlines.</p>	<p>Knowledge of the developing field of infant mental health.</p> <p>Knowledge of relevant legislation and policies.</p> <p>Ability to facilitate a therapy or therapeutic group for parents and Infants</p>
<b>Attitudes</b>	<p>Commitment to a culturally competent service;</p> <p>Self- confidence; Adaptable and flexible approach to work</p> <p>Transparency, ability to communicate sensitively with professionals, families and parents. Able to work within a relationship-based organisation.</p> <p>Ability to use own initiative, Supportive of collaborative working.</p> <p>Equality and Diversity supports equity of access to intervention. Ability to engage clients flexibly</p>	<p>Able to act as an advocate for babies and their families.</p>
<b>Other requirements</b>	<p>Understanding of confidentiality and Data Protection.</p> <p>Enhanced DBS</p> <p>Mobility to travel between community locations</p> <p>Evidence of continuing personal and professional development</p>	<p>GDPR Training</p> <p>Car owner with full licence.</p>