

First 1000 Days Surrey Heartlands Integrated Care System

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Disabilities

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Why 'First 1000 Days' in Surrey?

Surrey is performing well compared to the national average on early years indicators. However, there are wide gaps in outcomes with some communities more affected than others:

Children being born in **the most deprived** areas in Surrey will **die six years earlier** than the most affluent⁷.

For children achieving a **good level of development** at the end of reception⁷:

Surrey average = 78%

Children on **free school meals = 29%**

The **Gypsy, Roma and Traveller** community are the second largest ethnic minority in Surrey, with the **poorest health outcomes of any group in Surrey**⁷.

How did we get the system to collaborate around the First 1000 Days?

- Importance of systems leadership
- First 1000 Days ambition clearly articulated in all planning
 - Golden thread from Surrey Health and Wellbeing Strategy through to operational delivery
- Priority spans health and social care – Executive support in all key agencies
- Articulate benefits – focus on prevention, impacts on long term health outcomes and system sustainability

Collaboration enabled a rapid response to Gypsy, Roma and Traveller Families

- Team dedicated to supporting GRT families
- Social care rapid response to GRT families at the start of lockdown
 - Laptops and WiFi/4G to children
 - Clean water for hand washing
- Multi-agency response to COVID-19 Vaccinations
- Relationships in place enabled response



Key characteristics of good collaboration

- Safe environment to share insight – softening of boundaries between providers and commissioners *‘taking down the fence’*
- Clinical leadership and lived experience of clinicians enables managers and commissioners to understand and address issues
- Strengthening relationships between voluntary sector and developing our community assets

Respectful and trusting relationships mean opportunities can flourish

- Health visitors and Home-Start working together with mothers and babies during lockdown
- Needs of parents and babies across four NICUs responded to quickly with psychotherapeutic support
- Multi-agency working with equal involvement from voluntary sector, in responding with accessible information and support via Facebook, phone lines and webinars

Challenges

- Short-term funding streams (local/regional/national) – need long-term sustainable investment
- National policy doesn't always enable integration and a shift to focussing on prevention
 - First 1000 Days isn't a mandated priority so it can be challenging to prioritise
- Shift in mentality needed from 1-2 year return on investment to improvement in long term health outcomes – this is a different type of investment

Questions welcome

